



## **Sangamon County High School Cheer & Dance Showcase Rules & Regulations**

### **1. Registration Process:**

- 1.1. All registration will be conducted using an online registration form, including coach's contact information and number of participants.
- 1.2. Number of participants must be provided in order to secure admission passes for the event.
- 1.3. As part of this inaugural showcase at the Illinois State Fair, we will be providing one \$300 performance payment for each participating school.
  - 1.3.1. All participating school districts will be required to complete a contract with ISF and a W9 to process payment.
- 1.4. All registrations must be received by May 31.

### **2. Divisions:**

#### **2.1. Divisions:**

- 2.1.1. Game Day Cheer
- 2.1.2. Dance Team Halftime

#### **2.2. Time Limits:**

- 2.2.1. Game Day: 2:30 minutes
- 2.2.2. Halftime: 2:30 minutes
- 2.2.3. Timing will begin with the first choreographed movement or note of music, whichever is first. Timing will end with the last choreographed movement or note of music, whichever is last.

### **3. Music Guidelines:**

- 3.1. All music used must be family-friendly and age appropriate. No suggestive or use of vulgar language is allowed.
- 3.2. All music must be accessible from the coach's phone or tablet on the day of the event.
  - 3.2.1. Each team is required to have an adult or alternate team member at the sound station to play the music.
    - 3.2.1.1. Each team will need to provide their music on their own device (phone, tablet, laptop). No CDs allowed.
    - 3.2.1.2. Please make sure that all devices have a headphone jack to connect to the sound system and are fully charged, volume turned up and placed in airplane mode.
    - 3.2.1.3. ISF will provide the necessary chords and dongles to play music through provided sound system.



#### **4. Content Guidelines**

- 4.1. All choreography must be family-friendly and age appropriate. No suggestive or use of vulgar movements are allowed.
- 4.2. Game Day Cheer Specific Guidelines
  - 4.2.1. Game Day will consist of Band Chant/Fight Song and Crowd Leading, each with a 1-minute time limit.
  - 4.2.2. Team shall transition quickly from Band Chant/Fight Song to Crowd Leading.
  - 4.2.3. No basket or waist level tosses are allowed.
  - 4.2.4. No inversions are allowed.
  - 4.2.5. No twisting released dismounts are allowed.
  - 4.2.6. No stunts or tumbling are allowed during entrance and exit.
  - 4.2.7. The use of signs, poms, flags, and megaphones is allowed for performances. No additional props are allowed.
- 4.3. Halftime Dance Specific Guidelines
  - 4.3.1. Halftime Dance may be choreographed in any of the following styles – jazz, pom, kick, or hip hop.
  - 4.3.2. Dancers must have dance shoes on both feet.
  - 4.3.3. No running tumbling passes are allowed.
  - 4.3.4. No props other than poms allowed.

#### **5. Sportsmanship**

- 5.1. All participants, coaching staff, and audience members agree to display good sportsmanship throughout the Showcase and Best of Show presentation.

#### **6. Schedule:**

- 6.1. A comprehensive timeline for the event, including warm-up periods, performance slots, and scheduled breaks will be provided by July 31.

#### **7. Best in Show Award:**

- 7.1. A "Best in Show" banner will be awarded in both the Game Day Cheer Division and the Halftime Dance Division.
- 7.2. The "Best in Show" recipient will be determined by audience participation, with voting taking place after the presentation of participation awards.